

## What is PRIME for Life?

PRIME For Life is an alcohol and drug program for people of all ages. It is designed to gently but powerfully challenge common beliefs and attitudes that directly contribute to high-risk alcohol and drug use. The program goals are to reduce the risk for health problems and impairment problems.

The primary goal of PRIME For Life is prevention of any type of alcohol or drug problem. This includes prevention of health problems such as alcoholism, or impairment problems such as car crashes or fights. Emphasis is on knowing and understanding risks one cannot change and reducing risks one can change.

Using a persuasion-based approach, instructors use a variety of delivery methods, including interactive presentation and small group discussion. Participants use work books throughout the course to complete a number of individual and group activities. Material is presented using a DVD platform with animation, full-motion video clips, and audio clips to enhance the learning experience.

Several themes run throughout PRIME For Life. The first is an emphasis on the reality that while all of us can influence another person's drinking choices to some degree, none of us can directly control those choices. Therefore, the program is designed to maximize the influence of helping professionals, instructors and/or family members.

Second, PRIME For Life is based on objective, documented research findings, not opinion, exaggerations or scare tactics. Credibility (of program and instructor/counselor) is a key factor in initiating and maintaining behavior change. Instructors are trained to master the program to maximize program impact.

Third, PRIME For Life focuses on information that is needed to bring about behavior change. In fact, a casual observer might conclude that the program places too little emphasis on process and that there is too much information for the typical participant to remember. Participants are not expected to remember the details of the research cited. The content is only one of the tools used in the persuasion process. What participants will remember are the critical conclusions that come from hearing the information: Who can experience alcohol or drug problems? How do I estimate biological risk? How do I know what low risk is and how far have my alcohol and drug choices progressed? They remember the information they can use, even if some do not use it right away. The carefully selected, research-based information also provides the credibility needed to promote change.

Courtesy of:

<http://www.primeforlife.org/homepage.cfm?CFID=555464&CFTOKEN=37352272>



Boyd Andrew Community Services

## PRIME for Life (ACT)

Chemical Dependency Services for Lewis & Clark and Jefferson Counties



406.443.2343

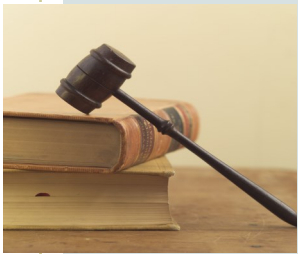
# PRIME for Life - Assessment, Course, Referral to Treatment

## THE ENROLLMENT PROCESS

The PRIME for Life (PFL) class can be completed in just a few steps. Individuals who are convicted of Driving under the Influence (DUI), Misdemeanor Dangerous Drugs (MDD), or Underage Drinking and Driving (UDD) may be required to complete the ACT Program.

The cost of our ACT program consists of two fees. The PFL Evaluation for \$300.00 and if classes are recommended the classes are \$100.00. Both fees are due prior to being scheduled for service.

Plan for an hour between 8:00-3:00 to complete paperwork



## About the PRIME for Life Classes

The PFL class consists of twelve (12) hours in the classroom. These classes are held on the first Friday and Saturday of each month from 8:30 a.m.—2:30 p.m. The PFL curriculum is designed to help educate attendees about the risk of alcohol and/or drug use.

## About the Prime for Life Evaluation.

The appointment is about 60 minutes with a Licensed Addictions Counselor (LAC). During the evaluation you will discuss alcohol or drug use history along with any other relevant information. Based on the information that is discussed and gathered, the LAC will make a recommendation. If the counselor



does not recommend further treatment you will be discharged complete from the program.

**PLEASE NOTE: Treatment is mandatory for any 2nd or subsequent offenders upon completion of the PFL Evaluation as mandated by Montana Law.**

## Information regarding a probationary license

To get a probationary license you may contact your judge and/or the **Driver Services Bureau**, Dept. of Justice Motor Vehicle Division, P.O. Box 201430, Helena, Montana, 59620-1430. Phone **(406) 444-3292 or (406) 444-3933. [www.dojmt.gov/driving](http://www.dojmt.gov/driving)**

**60 South Last Chance Gulch  
P.O. Box 1153  
Helena, MT 59624**

Phone Number: 406-443-2343  
Fax Number: 406-443-5490