

What is PRIME for Life?

PRIME For Life is an alcohol and drug program for people of all ages. It is designed to gently but powerfully challenge common beliefs and attitudes that directly contribute to high-risk alcohol and drug use. The program goals are to reduce the risk for health problems and impairment problems.

The primary goal of PRIME For Life is prevention of any type of alcohol or drug problem. This includes prevention of health problems such as alcoholism, or impairment problems such as car crashes or fights. Emphasis is on knowing and understanding risks one cannot change and reducing risks one can change.

Using a persuasion-based approach, instructors use a variety of delivery methods, including interactive presentation and small group discussion. Participants use work books throughout the course to complete a number of individual and group activities. Material is presented using a DVD platform with animation, full-motion video clips, and audio clips to enhance the learning experience.

Second, PRIME For Life is based on objective, documented research findings, not opinion, exaggerations or scare tactics. Credibility (of program and instructor/counselor) is a key factor in initiating and maintaining behavior change. Instructors are trained to master the program to maximize program impact.

Third, PRIME For Life focuses on information that is needed to bring about behavior change. In fact, a casual observer might conclude that the program places too little emphasis on process and that there is too much information for the typical participant to remember. Participants are not expected to remember the details of the research cited. The content is only one of the tools used in the persuasion process. What participants will remember are the critical conclusions that come from hearing the information: Who can experience alcohol or drug problems? How do I estimate biological risk? How do I know what low risk is and how far have my alcohol and drug choices progressed? They remember the information they can use, even if some do not use it right away. The carefully selected, research-based information also provides the credibility needed to promote change.

Courtesy of:

<http://www.primeforlife.org/homepage.cfm?>



Boyd Andrew Community Services

PRIME for Life (ACT)

Chemical Dependency Services for Lewis & Clark and Jefferson Counties



406.443.2343

PRIME for Life - Assessment, Course, Referral to Treatment

THE ENROLLMENT PROCESS for the PRIME for Life (PFL) class can be completed in just a few steps. Individuals who are convicted of Driving under the Influence (DUI), Misdemeanor Dangerous Drugs (MDD), or Underage Drinking and Driving (UDD) are required by Montana Law to complete the ACT Program.

The cost of our program is \$375.00 with a minimum of \$150.00 down which is due at the time of enrollment. The remaining \$225.00 is due within 45 days after enrolling in the classes. If you choose to pay the fee in full you will receive a \$50.00 discount, making the total fee \$325.00. In order to enroll for the course you will need the following:

- * \$375.00 or a minimum of \$150.00
- * Court referral or citation with release information for lawyer/public defender
- * An hour between 8:00-4:00 to complete paperwork

About the PRIME for Life Class

The PFL class consists of twelve (12) hours in the classroom. These classes are held on four consecutive Tuesdays from 5:30 p.m.—8:30 p.m. or two (2) six (6) hour classes held on two consecutive Saturdays from 9:00 a.m. -3:00 p.m. The PFL curriculum is designed to help educate attendees about the risk of alcohol and/or drug use.

After completion of all classes, fees need to be paid in full and have all paperwork turned in before scheduling the exit appointment. The appointment is about 90 minutes with a Licensed Addictions Counselor (LAC). During the exit session you will discuss alcohol or drug use history along with any other relevant information. Based on the information that is discussed and gathered, the LAC will make a recommendation. If the counselor does not recommend further treatment you will be discharged complete from the program.

PLEASE NOTE: Treatment is mandatory for any 2nd or subsequent offenders upon completion of the PFL Program as mandated by Montana Law.

INFORMATION REGARDING A PROBATIONARY LICENSE

To get a probationary license, a first offender must have the approval of the court, be enrolled in ACT, have a valid Montana driver's license and pay a reinstatement fee to the **Records and Driver Control Bureau**, Dept. of Justice Motor Vehicle Division, P.O. Box 201430, Helena, Montana, 59620-1430. Phone **#(406) 444-3292**.

As of October 1, 1999, Montana law now imposes an interlock requirement on any second or subsequent DUI or BAC offender who seeks probationary driving privileges.

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